## **DIABETES IN AMERICA:** FACTS AND FIGURES

A GROWING EPIDEMIC

30 MILLION people have diabetes

That's about

1 out of every 10 people

1 out of 4

do not know they have diabetes

84 MILLION people have prediabetes

More than 1 out of 3 adults have prediabetes



9 out of 10 do not know they have prediabetes

## WITH STAGGERING COSTS



The total cost of diabetes and prediabetes in the US is

\$322 BILLION



Risk of death for adults with diabetes is 50% HIGHER than for adults without diabetes



Medical costs for people with diabetes are more than **TWICE** as high as for people without diabetes

## **DIABETES DISPROPORTIONATELY IMPACTS MINORITIES**

15.1%

American Indians/Alaska Natives

12.7%

**African Americans** 

12.1%

**Hispanic Americans** 

8.0%

**Asian Americans** 

## PEOPLE WITH DIABETES ARE AT HIGHER RISK OF SERIOUS HEALTH COMPLICATIONS



**Stroke** 



**Blindness** 



**Kidney Disease** 



**Heart Disease** 



Loss of Toes, Feet, or Legs

