DIABETES IN AMERICA: FACTS AND FIGURES

A GROWING EPIDEMIC

**34 MILLION** people have diabetes

That's about **1 out of every 10** people

**88 MILLION** people have prediabetes

More than **1 out of 3** adults have prediabetes

**1 out of 4** do not know they have diabetes

**9 out of 10** do not know they have prediabetes

WITH STAGGERING COSTS

The total cost of diabetes and prediabetes in the US is **$327 BILLION**

Risk of death for adults with diabetes is **50% HIGHER** than for adults without diabetes

Medical costs for people with diabetes are more than **TWICE** as high as for people without diabetes

DIABETES DISPROPORTIONATELY IMPACTS MINORITIES

- **14.7%** American Indians/Alaska Natives
- **12.5%** Hispanic Americans
- **11.7%** African Americans
- **9.2%** Asian Americans

PEOPLE WITH DIABETES ARE AT HIGHER RISK OF SERIOUS HEALTH COMPLICATIONS

- Stroke
- Blindness
- Kidney Disease
- Heart Disease
- Loss of Toes, Feet, or Legs

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