



**WOMEN'S HEALTH RESEARCH:
UNDERSTANDING THE ROLES OF SEX AND GENDER**

**POLICY
RECOMMENDATIONS**

LINKS TO POLICIES

- NIH Policy on Sex as a Biological Variable (NOT-OD-15-102)
 - <https://grants.nih.gov/grants/guide/notice-files/not-od-15-102.html>
 - <https://orwh.od.nih.gov/sex-gender/nih-policy-sex-biological-variable>
- NIH Policy and Guidelines on the Inclusion of Women and Minorities as Subjects in Clinical Research
 - <https://grants.nih.gov/policy/inclusion/women-and-minorities/guidelines.htm>

21st Century Cures Act

- <https://www.congress.gov/114/plaws/publ255/PLAW-114publ255.pdf>

Healthy People 2030 Women's Health Objectives

- <https://health.gov/healthypeople/objectives-and-data/browse-objectives/women>

Biden Agenda for Women

- <https://joebiden.com/womens-agenda/>

OVERARCHING POLICY RECOMMENDATION

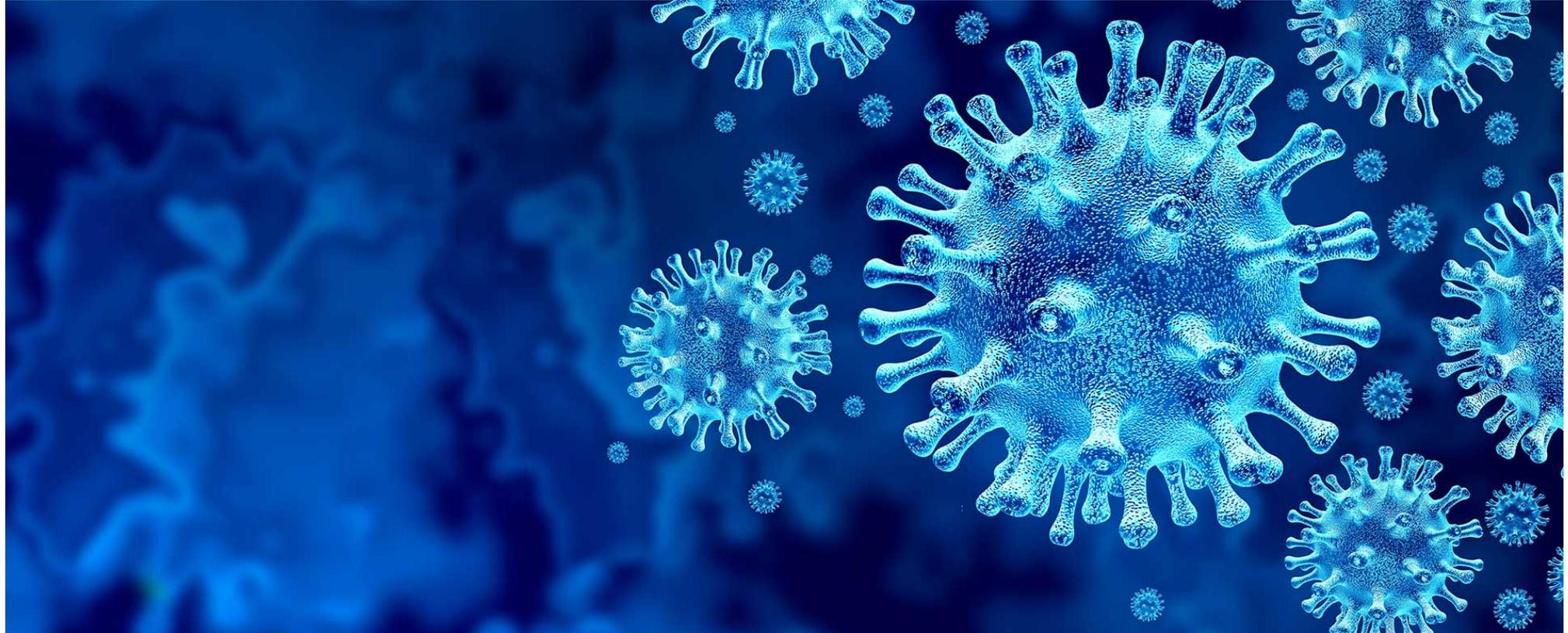
Need to integrate sex/gender along with race/ethnicity, and age across the research continuum to drive innovation



POLICY RECOMMENDATIONS

- Improve oversight
- Increase sex specific reporting at clinical and preclinical levels
- Mandate sex-disaggregate outcomes analysis
- Ensure education on SABV in medical school and research training
- Develop partnerships and inter-agency coordination
- Invest in adequate, stable, consistent research funding

CORONAVIRUS PANDEMIC



COVID-INSPIRED POLICY RECOMMENDATIONS

- Ensure pregnant and lactating women are not left out
- Disseminate research on how coronavirus (and other diseases) affect women, impact babies in-utero
- Study long-term consequences
- Design outreach to women to inform health care decisions
- Provide emergency supplemental research funding to restart labs, address workforce needs