

# EARLY CAREER FORUM

## SCHEDULE AT A GLANCE

WEDNESDAY, JUNE 14, 2023 CHICAGO, IL

TIME	SESSION
7:30–8:00 AM	<b>Registration and Breakfast</b>
8:00–8:15 AM	<b>Welcome and Overview</b> This session will include a brief introduction and orientation to ECF programming. Ursula Kaiser, MD
8:15–8:45 AM	<b>ENDO A to Z: How to Get the Most Learning Possible from Attending the Annual Meeting</b> This session will include clinicians, clinical scientists, and basic scientists. It highlights the aspects of ENDO 2023 that trainees can take advantage of during the meeting. After this session, attendees should be able to: <ul style="list-style-type: none"><li>• Identify elements of ENDO 2023 specific to trainees</li><li>• Navigate the ENDO 2023 meeting with ease.<ul style="list-style-type: none"><li>◦ Understand the organization breakdown of the meeting into basic science, clinical, and translational talks.</li><li>◦ Understand the value of late breaking research (oral sessions and poster sessions)</li><li>◦ Use recommended resources to find topics of interest (i.e., ENDO website and phone apps)</li></ul></li><li>• Understand the goals and format of the and Meet-the-Professor sessions with an emphasis on networking opportunities.</li><li>• Navigate the Poster Sessions with ease and use recommendations to get the most from speaking with presenters for research collaborations and networking opportunities.</li><li>• Point out the Professional Development Workshops which go in depth on a few topics touched upon during trainee day.</li></ul> Gary Hammer, MD, PhD
8:45–9:25 AM	<b>Secrets to Success: Stories of a Personal Career Journey</b> These breakout sessions present an inspiring description of the speaker's journey to their career success. The speakers will provide interesting and motivational experiences encountered during the progression of their careers, along with helpful advice in balancing one's career and personal life. <ul style="list-style-type: none"><li>■ How Did I Get Here? A Clinical Journey This session presents an inspiring description of the speaker's journey to his/her current success in the clinical field. The speaker will provide interesting and motivational experiences encountered during the progression of his/her clinical career, along with helpful advice in balancing one's career and personal life. After this session, attendees should be able to:<ul style="list-style-type: none"><li>• Describe various possible career pathways in clinical endocrinology.</li><li>• Recognize opportunities for career advancement and career shifts.</li><li>• Apply resources provided by the speaker to advance their careers.</li></ul></li></ul> (Choose One) David Lieb, MD
	<ul style="list-style-type: none"><li>■ How Did I Get Here? A Research Journey This introduction presents an inspiring description of the speaker's journey to his/her current research success. The speaker will provide interesting and motivational experiences encountered during the progression of his/her research career, along with helpful advice in balancing one's career and personal life. After this session, attendees should be able to:<ul style="list-style-type: none"><li>• Describe various possible research career pathways.</li><li>• Recognize opportunities for research career advancement and career shifts.</li><li>• Apply resources provided by the speaker to advance their careers.</li></ul></li></ul> Carol Lange, PhD
9:30–10:15 AM	<b>Master the Art of the Search: Practical Tips and Tools for the Job Search</b> This session will provide an overview of the key components to successfully secure your first position with emphasis on a structured job search, creating a competitive CV and obtaining necessary interviewing skills. <ul style="list-style-type: none"><li>■ CV and Job Search for Clinical Practice Jobs This session will provide an overview of the key components to a successful job career path with emphasis on structured job search, creating a competitive CV and obtaining necessary interviewing skills. After this session, attendees should be able to:<ul style="list-style-type: none"><li>• Understand the components of a good CV, i.e., what to put in and what to leave out of a CV, and how to emphasize the right areas for a given position.</li><li>• Be aware of how to develop an individualized learning plan, appraisal, and revalidation processes.</li><li>• Have knowledge of when and how to begin a job search in clinical academic or private practice.</li><li>• Have knowledge about how to "promote" yourself.</li></ul></li></ul> (Choose One) J. Carl Pallais, MD, MPH and Milay Luis Lam, MD

■ Job Application Package for Research Jobs (US and International)

This session will provide an overview of the key components to a successful job career path with emphasis on structured job search, creating a competitive CV and obtaining necessary interviewing skills. This session will provide a panel of speakers to discuss CV and Job search for basic/clinical/translational research jobs. After this session, attendees should be able to:

- Prepare and organize an effective CV by understanding what makes a CV competitive for scientists in the U.S. and internationally.
- Understand different type of CVs (i.e., Biosketch, Resume, CV)
- Have knowledge of when and how to begin a job search in academic and non-academic research settings.
- Have knowledge about how to “promote” yourself.

Dequina Nicholas, PhD and Ruth Keri, PhD

10:20–10:55 AM

**Interviewing Skills**

■ Interviewing Skills for Clinical Practice Jobs

This session will provide a panel of speakers to discuss interviewing skills in clinical practice jobs. After this session, attendees should be able to:

- Define expectations of the interview day and provide advice for potential employees.
- Define key elements of job interview to include research before the interview, goals and conduct during the interview and follow up.
- Will observe practice sessions of interview Q&A

(Choose One)

David Lieb, MD and Maria Yialama, MD

■ Interview Skills and Chalk Talks Tips for Basic/Clinical/Translational Research Jobs

This session will provide a panel of speakers to discuss interviewing skills and chalk talks tips for basic/clinical/translational research jobs. After this session, attendees should be able to:

- Recognize the importance in preparing a job seminar presentation in advance (i.e., practicing presentation skills, preparing slides, reviewing data, and preparing for questions).
- Have a clear understanding of a job seminar structure, tone, and duration and how it may differ for academia, industry, and government.
- Know what to ask during the interview.
- Outline key components potential employees need to get a job:
  - Define the composition of the employer search committee, what they are looking for, and what they are not looking in academia, industry, and/or government job types.
  - Define expectations of the interview day and provide advice for potential employees.
  - Explain details of the job offer.

Lindsey Treviño, PhD and Lauren Fishbein, MD, PhD

11:10 AM–12:00 PM

**Know Your Career Options: Clinical and Research**

These breakout sessions will feature speaker panels to discuss various career pathways for clinical endocrinologists and researchers.

■ Clinical Career Options: Clinician Educators and Multi-Disciplinary Practice or Private Practice

This session will feature a panel of speakers to address academic, clinical educator, and private clinical practice career paths. After this session, attendees should be able to:

- Understand the differences between careers in private practice, hospitalists, and clinical academic medicine.
- Describe the benefits and downsides of different clinical practice options.
- Describe factors to consider when choosing a practice (i.e., location, salary, employment contract, social/financial lifestyle, level of work effort, etc.).
- Describe factors to consider when starting a practice (i.e., practice development plan, financial management and profitability, human resources, etc.).

(Choose One)

Katie Guttenberg, MD; Alicia Diaz-Thomas, MD; Yanira Pagán-Carlo, MD; and Maria Yialama, MD

■ Research Career Options: Clinical-Basic-Translational Academic Positions and Industry, Nonprofit, and Science Writing

This session will include a panel of speakers to address academic clinical, translational, and basic research, and nonacademic (including non-profit and science writing) career paths. After this session, attendees should be able to:

- Define different academic and non-academic tracks and understand the various pathways for clinical/translational/basic investigation.
- Understand metrics for career advancement (research, publications, teaching, etc.).
- Identify ways to enter each pathway. Examples include master's programs during fellowship for clinical research, translational research, clinical epidemiology, etc.
- Compare and contrast scientific positions in academia, industry, and government (i.e., pay scale; advancement; intellectual freedom; resource availability—money, equipment, personnel; ability to mentor; work schedule; performance expectations; etc.).
- Obtain additional resources (i.e., website, professional contact information) to further investigate these career options.

Kristy Brown, PhD; Lauren Fishbein, MD, PhD; Stanley Andrisse, PhD, MBA; and Stacey Tobin, PhD

12:00–12:55 PM

**Lunch**

1:00–1:45 PM

### Breakouts

► **Practical Advice for Foreign Medical Graduates and Scientists Coming or Staying in the United States: Navigating the US Visa System**

This session will provide a panel of speakers to discuss the obstacles and potential solutions for planning career advancement in the US as a foreign clinician/scientist in a Q&A format. After this session, attendees should be able to:

- Navigate the visa status.
- Understand the importance of timeline planning.
- Geographical limitation related to visa status.
- Understand the role of flexibility and travel options outside the comfort zone for the dream job.

Silvania da Silva Teixeira, PhD; Christie Turin More, MD; and Diana Cittelly, PhD

(Choose One)

► **Scientific Careers with the U.S. Government**

This session will include a panel of speakers to address US government career paths. After this session, attendees should be able to:

- Define different government tracks and understand the various pathways for seeking scientific careers at the federal level.
- Understand metrics for career advancement.
- Identify ways to enter each pathway. Examples include internships and government fellowships (AAAS)
- Compare and contrast scientific positions in academia, industry, and government (i.e., pay scale; advancement; intellectual freedom; resource availability—money, equipment, personnel; ability to mentor; work schedule; performance expectations; etc.).
- Obtain additional resources (i.e., website, professional contact information) to further investigate these career options.

Raymond Soccio, MD, PhD; Rob Rivers, PhD; Latha Malalyandi, PhD; and Olivia Molinar-Inglis, PhD

1:50–4:00 PM

### Communications and Creating Your Personal Brand

This session will provide guidance on communications skills relevant to setting up a personal brand. After this session, attendees should be able to:

- Use their narrative to set up a personal brand.
- Develop communications skills required to translate their personal brand to interview for jobs, meet with potential mentors, and establish professional relationships.

Anne Libby, PhD

4:10–5:00 PM

### Get Your Groove Back! Resiliency and Wellness - Tips to Achieving Life Balance and Personal Resilience

This session will include clinicians, clinical scientists, and basic scientists. This session will include a panel of speakers who will focus on the resilience building skills with a goal to enhance the ability to bounce back from adversity to achieve life balance. After this session, attendees should be able to:

- Understand that there are learnable set of behaviors that contribute to resilience.
- Understand the techniques to build resilience such as practicing positive thoughts, taking stress breaks, supporting others, and getting out of your comfort zone.
- Define your personal and work goals and understand some of the techniques towards achieving life balance.

Joy Wu, MD, PhD; Shanna Newton-Lavelle, PhD; and Mark Lawson, PhD

5:00–5:30 PM

### Certificate Pickup and Travel Award Check-in

Pick up your certificate! Required to receive travel award via bank deposit.

5:00–8:00 PM

### SIG Networking Reception

Early Career Forum participants are invited to the SIG Networking Reception.