## ENDO 2022: EARLY CAREER FORUM
### PRELIMINARY PROGRAM SPEAKERS & LEARNING OBJECTIVES

<table>
<thead>
<tr>
<th>Session Topic</th>
<th>Speaker Name, Degrees, Title, University or Hospital Affiliation</th>
<th>Learning Objectives</th>
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<tbody>
<tr>
<td>Welcome and introduction 8:00 - 8:15 AM</td>
<td>Ursula Kaiser, MD Professor of Medicine; Chief, Division of Endocrinology Brigham and Women's Hospital, Harvard Medical School</td>
<td>This session will include a brief introduction and orientation to ECF programming.</td>
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<td>ENDO A to Z: How to Get the Most Learning Possible from Attending the Annual Meeting 8:15 – 8:45 AM</td>
<td>Gary Hammer, MD, PhD Schembechler Prof of Adrenal Cancer University of Michigan</td>
<td>This session will include clinicians, clinical scientists and basic scientists. This session highlights the aspects of ENDO 2023 that trainees can take advantage of during the meeting. After this session, attendees should be able to: • Identify elements of ENDO 2023 specific to trainees • Navigate the ENDO 2023 meeting with ease ○ Understand the organization breakdown of the meeting into basic science, clinical, and translational talks ○ Understand the value of late breaking research (oral sessions and poster sessions) ○ Use recommended resources to find topics of interest (i.e. ENDO website and phone apps) • Understand the goals and format of the and Meet-the-Professor sessions with an emphasis on networking opportunities. • Navigate the Poster Sessions with ease and use recommendations to get the most from speaking with presenters for research collaborations and networking opportunities. • Point out the Professional Development Workshops which go in depth on a few topics touched upon during trainee day.</td>
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<tr>
<td>Secrets to Success - Breakouts</td>
<td>How Did I Get Here? A Clinical Journey</td>
<td>How Did I Get Here? A Research Journey</td>
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<td>8:45– 9:25 AM</td>
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<td>David Lieb, MD</td>
<td>Carol Lange, PhD</td>
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<td>Associate Professor of Medicine</td>
<td>Professor</td>
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<td>Eastern Virginia Medical School</td>
<td>University of Minnesota</td>
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<td>to his/her current research success</td>
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<td>clinical field. The speaker will</td>
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<td>progression of his/her clinical</td>
<td>research career, along with helpful</td>
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<td>advice in balancing one’s career and</td>
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<td>life. After this session, attendees</td>
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<td>should be able to:</td>
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<td>• Describe various possible career</td>
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<td>pathways in clinical endocrinology</td>
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<td>• Recognize opportunities for career</td>
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<td>• Apply resources provided by the</td>
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<td>speaker to advance their careers.</td>
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### Master the Art of the Search - Breakouts

| Practical Tips and Tools for Job Searching - Clinical | J. Carl Pallais, MD, MPH  
Doctor  
Brigham and Women's Hospital  
Endocrine Fellowship Program | This session will provide an overview of the key components to a successful job career path with emphasis on structured job search, creating a competitive CV and obtaining necessary interviewing skills.  
After this session, attendees should be able to:  
- Understand the components of a good CV, i.e. what to put in and what to leave out of a CV, and how to emphasize the right areas for a given position  
- Be aware of how to develop an individualized learning plan, appraisal, and revalidation processes.  
- Have knowledge of when and how to begin a job search in clinical academic or private practice  
- Have knowledge about how to “promote” yourself |  
| CV and Job Search for Clinical Practice Jobs  
9:30AM - 10:15 AM | Milay Luis Lam, MD  
Endocrinologist  
Meritus Medical Center |  
| Practical Tips and Tools for Job Searching - Research | Dequina Nicholas, PhD  
Assistant Professor  
University of California Irvine  
Ruth Keri, PhD  
Staff  
Cleveland Clinic | This session will provide an overview of the key components to a successful job career path with emphasis on structured job search, creating a competitive CV and obtaining necessary interviewing skills.  
This session will provide a panel of speakers to discuss CV and Job search for basic/clinical/translational research jobs:  
After this session, attendees should be able to:  
- Prepare and organize an effective CV by understanding what makes a CV competitive for scientists in the U.S. and internationally  
- Understand different type of CVs (e.i. Biosketch, Resume, CV)  
- Have knowledge of when and how to begin a job search in academic and non-academic research setting  
- Have knowledge about how to “promote” yourself |  
| Job Application Package (US and international)  
9:30AM - 10:15 AM |  

| Interviewing skills for clinical practice jobs | David Lieb, MD  
Associate Professor of Medicine  
Eastern Virginia Medical School  
Maria Yialama, MD  
Senior Associate Program Director,  
Internal Medicine Residency  
Brigham and Women's Hospital | This session will provide a panel of speakers to discuss interviewing skills in clinical practice jobs. After this session, attendees should be able to:  
- Define expectations of the interview day and provide advice for potential employees.  
- Define key elements of job interview to include research before the interview, goals and conduct during the interview and follow up  
- Will observe practice sessions of interview Q&A |
|---|---|---|
| Interview skills for chalk talks tips for basic/clinical/translational research jobs | Lindsey Treviño, PhD  
Assistant Professor  
City of Hope National Medical Center  
Lauren Fishbein, MD, PhD  
University of Colorado School of Medicine | This session will provide a panel of speakers to discuss interviewing skills and chalk talks tips for basic/clinical/translational research jobs. After this session, attendees should be able to:  
- Recognize the importance in preparing a job seminar presentation in advance (i.e. practicing presentation skills, preparing slides, reviewing data, and preparing for questions)  
- Have a clear understanding of a job seminar structure, tone, and duration and how it may differ for academia, industry, and government  
- Know what to ask during the interview  
- Outline key components potential employees need to get a job:  
  - Define the composition of the employer search committee, what they are looking for, and what they are not looking in academia, industry, and/or government job types.  
  - Define expectations of the interview day and provide advice for potential employees.  
  - Explain details of the job offer. |
### Clinical Career Options

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<th>Option</th>
<th>Participants</th>
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| Clinician Educators and Multi-Disciplinary Practice or Private Practice | Katie Guttenberg MD
Assistant Professor of Medicine
McGovern Medical School, The University of Texas Health Science Center at Houston

Alicia Diaz-Thomas, MD
Associate Professor
University of Tennessee

Yanira Pagán-Carlo, MD
Pediatric Endocrinologist
Endocare PR/Integrated Pathology Labs

Maria Yialama, MD
Senior Associate Program Director, Internal Medicine Residency
Brigham and Women's Hospital |

#### This session will feature a panel of speakers to address academic, clinical educator, and private clinical practice career paths. After this session, attendees should be able to:
- Understand the differences between careers in private practice, hospitalists, and clinical academic medicine
- Describe the benefits and downsides of different clinical practice options
- Describe factors to consider when choosing a practice (i.e., location, salary, employment contract, social/financial lifestyle, level of work effort, etc.)
- Describe factors to consider when starting a practice (i.e., practice development plan, financial management and profitability, human resources, etc.)

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### Research Career Options

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| Clinical-basic-translational academic positions and Industry, non-profit, and science writing | Kristy Brown, PhD
Associate Professor of Biochemistry in Medicine
Weill Cornell Medicine

Lauren Fishbein, MD, PhD
University of Colorado School of Medicine

Stanley Andrisse, PhD, MBA
Assistant Professor Howard University College of Medicine

Stacey Tobin, PhD
The Tobin Touch, Inc. |

#### This session will include a panels of speakers to address academic clinical, translational and basic research, and non-academic (including non-profit and science writing) career paths. After this session, attendee should be able to:
- Define different academic and non-academic tracks and understand the various pathways for clinical/translational/basic investigation.
- Understand metrics for career advancement (research, publications, teaching, etc.)
- Identify ways to enter each pathway. Examples include master’s programs during fellowship for clinical research, translational research, clinical epidemiology, etc.
- Compare and contrast scientific positions in academia, industry, and government (i.e., pay scale; advancement; intellectual freedom; resource availability—money, equipment, personnel; ability to mentor; work schedule; performance expectations; etc.).
- Obtain additional resources (i.e., website, professional contact information) to further investigate these career options.
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<th>Lunch Breakout 1: Practical Advice for Foreign Medical Graduates and Scientists Planning to Come or Stay in the USA: Navigating the US Visa System</th>
<th>Silvania da Silva Teixeira, PhD Postdoctoral Fellow University of Colorado Christie Turin More, MD University of Colorado Diana Cittelly, PhD Assistant Professor University of Colorado at Denver</th>
<th>This session will provide a panel of speakers to discuss the obstacle and potential solutions for planning career advancement in US as a foreign clinician/scientist in a Q&amp;A format. After this session, attendees should be able to: • Navigate the visa status • Understand the importance of timeline planning • Geographical limitation related to Visa status • Understand the role of flexibility and travel options outside the comfort zone for the dream job.</th>
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<td>Lunch Breakout 2: Scientific Careers in US Government</td>
<td>Raymond Soccio, MD, PhD Medical Officer FDA Rob Rivers, PhD Program Director at the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) Latha Malalyandi, PhD Scientific Review Officer National Institutes of Health Olivia Molinar-Inglis, PhD Program Officer and AAAS Science &amp; Technology Policy Fellow, Radiation/Nuclear Medical Countermeasures Program, NIH/NIAID/DAIT</td>
<td>This session will include a panel of speakers to address US government career paths. After this session, attendee should be able to: • Define different government tracks and understand the various pathways for seeking scientific careers at the federal level. • Understand metrics for career advancement • Identify ways to enter each pathway. Examples include internships and government fellowships (AAAS) • Compare and contrast scientific positions in academia, industry, and government (i.e. pay scale; advancement; intellectual freedom; resource availability—money, equipment, personnel; ability to mentor; work schedule; performance expectations; etc.). • Obtain additional resources (i.e. website, professional contact information) to further investigate these career options.</td>
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| **Communication Workshop** | Anne Libby, PhD  
Professor and Vice Chair for  
Academic Affairs  
University of Colorado  
School of Medicine | This session will provide guidance on communications skills relevant to setting up a personal brand.  
After this session, attendee should be able to:  
• Use their narrative to set up a personal brand  
• Develop communications skills required to translate the personal brand to interview for jobs, meet with potential mentors, and establish professional relationships |
| **Get Your Groove Back!**  
Resiliency and Wellness - Tips to Achieving Life Balance and Personal Resilience | Joy Wu  
Associate Professor and Vice Chair - Basic Science  
Shanna Newton-Lavelle, PhD  
Postdoctoral Fellow  
Salk Institute Biological Studies  
Mark Lawson, PhD  
Professor  
University of California-San Diego | This session will include clinicians, clinical scientists and basic scientists.  
This session will include a panel of speakers who will focus on the resilience building skills with a goal to enhance the ability to bounce back from adversity to achieve life balance.  
After this session, attendees should be able to:  
• Understand that there are learnable set of behaviors that contribute to resilience  
• Understand the techniques to build resilience such as practicing positive thoughts, taking stress breaks, supporting other, getting out of your comfort zone  
• Define your personal and work goals, and understand some of the techniques towards achieving life balance |

**Evening Events**  
Certificate Pickup  
REGMS Dinner  
SIG Reception with Early Career Networking