

PRIMARY ALDOSTERONISM MEDICAL CHOICE DECISION AID

THIS DECISION AID WILL HELP YOU AND YOUR CLINICIAN
FIND A MEDICATION TO HELP WITH YOUR BLOOD PRESSURE CONTROL.

LET'S TALK ABOUT HOW THESE OPTIONS WOULD FIT INTO YOUR LIFE.

WHICH ISSUES ARE IMPORTANT TO YOU?

MEDICATION	BLOOD PRESSURE CONTROL	DOSING	SIDE EFFECTS	MONITORING FREQUENCY	PREGNANCY	COST
Spironolactone		 DAILY	 Breast enlargement/ tenderness Low libido Electrolytes changes Spotting between menses		Contraindicated	
Eplerenone		 AM PM	 Electrolytes changes		Unclear, but considered safer	

CAUTION: This application is for use exclusively during the clinical encounter with your clinician.