



# BLAZING AHEAD

## WITH ADVANCES IN THE MANAGEMENT OF ADULT GROWTH HORMONE DISORDER



MONDAY, JUNE 15, 2020

12:00 – 1:30 PM EST Symposium

### ACTIVITY OVERVIEW AND FORMAT

This highly engaging and interactive live symposium will answer participant questions regarding the management of patients with adult growth hormone disorder (aGHD). Faculty will participate in a combination of didactic presentations and roundtable discussions to address currently relevant topics regarding the treatment of aGHD. In addition, the audience will be able to ask questions based on their personal level of knowledge and clinical experience, and these questions will be addressed immediately and thoroughly from multiple expert viewpoints.

### INTENDED AUDIENCE

This activity is intended for endocrinologists and endocrinology healthcare providers who diagnose and manage aGHD.

### LEARNING OBJECTIVES

Upon completing this activity, learners will be able to:

- Identify aGHD based on presenting disease features and results of appropriate diagnostic tests
- Assess characteristics of current and emerging aGHD treatment options to identify optimal individualized regimens based on patients' clinical and personal characteristics
- Describe available standard-of-care and emerging therapeutic approaches to address challenges of aGHD management, such as timely treatment initiation, treatment adherence, and therapeutic monitoring
- Discuss disease management challenges associated with transitioning pediatric patients with GHD to adulthood

### PROGRAM AGENDA

12:00 – 12:10 PM	Program Introduction and Preactivity Assessment
12:10 – 12:25 PM	How Does aGHD Present and How Should the Diagnosis Be Confirmed?
12:25 – 12:45 PM	What Are the Treatment Options for Adults With GHD and the Consequences of Remaining Untreated?
12:45 – 1:05 PM	What Techniques Can Provide Solutions to the Challenges of Treating aGHD?
1:05 – 1:25 PM	What Are the Unique aGHD Management Challenges as Pediatric Patients With GHD Transition to Adulthood?
1:25 – 1:30 PM	Postactivity Assessment and Closing

### FACULTY

**MARK E MOLITCH, MD—  
PROGRAM CHAIR**  
Northwestern University  
Feinberg School of Medicine  
Chicago, Illinois

**DAVID R CLEMMONS, MD**  
University of North Carolina  
Chapel Hill, North Carolina

**JULIE SILVERSTEIN, MD**  
Medical Director Pituitary Center  
Associate Professor of Medicine and Neurological Surgery  
Division Endocrinology, Metabolism and Lipid Research  
Washington University School of Medicine  
St Louis, Missouri

### REGISTRATION

There is no cost to participate in this symposium. Register for ENDO Online 2020 [here](#). Add an Ancillary Symposium to your existing registration [here](#).

**CME CREDITS:** 1.5 AMA PRA Category 1 Credits™ and 1.5 ABIM MOC Points



Managed by the Endocrine Society and  
the Institute for Medical and Nursing Education, Inc.

Supported by an educational grant  
from Novo Nordisk Inc.