OBESITY
FACTS AND FIGURES

PREVALENCE OF SELF-REPORTED OBESITY AMONG U.S. ADULTS BY STATE AND TERRITORY, BRFSS, 2022¹

Source: Behavioral Risk Factor Surveillance System
*Sample size <50, the relative standard error (dividing the standard error by the prevalence) ≥30%, or no data in a specific year.

PREVALENCE OF OBESITY AMONG US ADULTS IN MEN VS. WOMEN²

BY RACE AND ETHNICITY

1 https://www.cdc.gov/obesity/data/prevalence-maps.html
2 https://www.cdc.gov/nchs/data/databriefs/db360-h.pdf
3 https://www.cdc.gov/nchs/products/databriefs/db360.htm
**OBESITY FACTS AND FIGURES**

**OBESITY AMONG US CHILDREN AND ADOLESCENTS AGED 2-19**

2017-2020

**AMONG US CHILDREN**

19.7%

**PREVALENCE OF OBESITY IMPACTS NATIONAL SECURITY**

PREVALENCE OF OBESITY IMPACTS MEDICAL CARE COSTS

THE DEPARTMENT OF DEFENSE SPENDS ABOUT $1.5 BILLION ANNUALLY IN OBESITY RELATED HEALTH CARE COSTS FOR SERVICE MEMBERS AND THEIR FAMILIES.

**AMONG US CHILDREN**

**BY RACE AND ETHNICITY**

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>HISPANIC</td>
<td>26.2%</td>
</tr>
<tr>
<td>NON-HISPANIC BLACK</td>
<td>24.8%</td>
</tr>
<tr>
<td>NON-HISPANIC WHITE</td>
<td>16.6%</td>
</tr>
<tr>
<td>NON-HISPANIC ASIAN</td>
<td>9.0%</td>
</tr>
</tbody>
</table>

PREVALENCE OF OBESITY IMPACTS MEDICAL CARE COSTS

ANNUAL OBESITY-RELATED MEDICAL CARE COSTS IN THE UNITED STATES, IN 2019 DOLLARS, WERE ESTIMATED TO BE NEARLY $173 BILLION


OBESITY IN CHILDREN AND ADULTS INCREASES THE RISK FOR THE FOLLOWING HEALTH CONDITIONS

- High blood pressure and high cholesterol, which are risk factors for heart disease.
- Type 2 diabetes.
- Breathing problems, such as asthma and sleep apnea.
- Joint problems such as osteoarthritis and musculoskeletal discomfort.
- Gallstones and gallbladder disease.

https://www.cdc.gov/obesity/data/childhood.html
https://www.cdc.gov/physicalactivity/resources/unfit-to-serve/index.html
https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0247307
https://www.cdc.gov/obesity/basics/consequences.html