



ENDOCRINE SELF-ASSESSMENT PROGRAM (ESAP™)

The Premier Tool for All Areas of Endocrinology, Diabetes, and Metabolism

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Endocrine Self-Assessment Program (ESAP™), Reference Edition is a self-study curriculum for physicians and health professionals wanting a self-assessment and a broad review of endocrinology. It consists of approximately 120 multiple-choice questions in all areas of endocrinology, diabetes, and metabolism. **Updated annually. Approximately 200 pages.**

Target Audience

Aimed at physicians seeking initial certification or recertification in endocrinology, ESAP™ is produced for program directors interested in accessing a testing and training instrument and for clinicians wanting a self-assessment tool and broad review of endocrinology.

- Physician-in-practice
- Fellow
- Resident
- Clinical researcher
- Educator/Teacher

Competency Area

- Professionalism
- Patient Care and Procedural Skills
- Medical Knowledge
- Practice-Based Learning and Improvement

Learning Objectives

- Recognize clinical manifestations of endocrine and metabolic disorders and select among current options for diagnosis, management, and therapy
- Identify risk factors for endocrine and metabolic disorders and develop strategies for prevention
- Evaluate endocrine and metabolic manifestations of systemic disorders
- Use existing resources pertaining to clinical guidelines and treatment recommendations for endocrine and related metabolic disorders to guide diagnosis and treatment

Topic Areas

- Adrenal/HPA Axis
- Bone and Calcitropic Hormones
- Diabetes and Glucose Metabolism
- Lipid Disorders and Fatty Liver Diseases
- Endocrine Disruptors
- General Endocrinology
- Hormone Abuse
- Growth Disorders
- Health Disparities
- Hormones and Cancer
- Men's Health
- Neuroendocrinology and Pituitary
- Nuclear Receptors and Steroid Hormones
- Nutrition
- Obesity
- Surgery
- Thyroid/HPT Axis
- Women's Health

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