

2019 FLARE Workshop | San Francisco, CA
THURSDAY, January 31, 2019

TIME	WORKSHOP SESSION
4:00 - 5:00 PM	Registration
5:00 - 6:00 PM	Welcome and Dinner
6:00 - 6:30 PM	Finding Your Niche <i>E. Dale Abel, MD, PhD</i> Gain tips on how to define your own scientific “niche,” identify the right research opportunities, or choose the right faculty environment.
6:30 - 7:30 PM	Determining Where You Want to Go <i>E. Dale Abel, MD, PhD, Cherié Butts, PhD, Leonor Corsino, MD, Kristy Nicks, PhD</i> Learn from a panel of speakers about career options in academia, administration, industry and government.
7:30 – 8:00 PM	Finding Your Match! (Networking Activity)

FRIDAY, February 1, 2019

TIME	WORKSHOP SESSION
7:30 - 8:00 AM	Registration and Breakfast
8:00 - 10:00 AM	Self-Awareness Part I: The Key to Success in Life <i>Krista Kirk, SPHR, SHRM-SCP</i> Discover your personality type and leadership style including motivations, strengths and stressors and how your style plays a role in teambuilding.
10:00 – 10:15 AM	Networking Break
10:15 – 11:00 AM	Communicating Your Science <i>Sherri-Ann Burnett-Bowie, MD, MPH</i> Gain practical tips on speaking with the media and communicating your work to the public.
11:00 AM – 12:00 PM	Individual Career Development Plans: A Strategy for Success <i>Cherié Butts, PhD</i> Learn the importance of and tips on developing a strong individual development plan (IDP) based on your individual goals and career level. IDPs provide a structured career development tool that can be used to help identify and monitor short and long-term goals.
12:00 - 1:00 PM	Networking Lunch and Group Activity
1:00 – 1:45 PM	Transitioning from PhD to Post-Doc <i>Lindsey Trevino, PhD</i> Gain tips to make the transition after graduation as smooth as possible.
(Choose One)	Optimizing the Transition from Fellowship to Faculty: Secrets from the Other Side <i>Joshua Joseph, MD</i> Gain tips to make the transition to a faculty position as smooth as possible.
	CV Development and Interviewing: How to Ace the Interview <i>Mark Roberson, PhD</i> Learn how to build an effective resume/CV and tips on acing an interview for postdoctoral or research fellowship positions.
1:45 – 2:30 PM	Job Search: Strategies for Interviewing and Negotiating <i>Leonor Corsino, MD</i> Learn how to negotiate in interviews for faculty positions around items such as salary, benefits, lab space, equipment, staff, contract details, and teaching vs. research requirements. Discuss tips on how to deal with the two-body problem.
(Choose One)	Promotion and Tenure: Keys to Success <i>Simon Rhodes, PhD</i> Deep dive into developing a plan to understand the mechanism, guidelines, evaluation, and culture of the promotion and tenure process at your institution. Formulate strategies to optimize research, teaching, service, mentoring, and networking while looking for “double value” to help achieve academic success.
	Networking Break
2:30 – 2:45 PM	Networking Break
2:45 - 3:30 PM	Small Group Discussion: Tips and Tools to Career Advancement Join small interactive breakout groups for hands-on exercises in these hot topics: <ol style="list-style-type: none"> 1. Table 1 – Networking Strategies 2. Table 2 – Interview Preparation and Practice 3. Table 3 - Demystifying Job Negotiations 4. Table 4 - Resiliency, Recharging and Productivity 5. Table 5 – Chalk Talks/Elevator Talks

3:30 – 4:15 PM	Networking and Collaborations <i>Ricardo Correa, MD, EsD and Puneet Arora, MBBS, MS</i> Discover ways to reach your goals by making and building relationships with other researchers.
4:15 - 5:00 PM	Mentorship: What Where, and When <i>Lindsey Trevino, PhD and Ayotunde Dokun, MD, PhD, Sherri-Ann Burnett-Bowie, MD, MPH</i> Learn how to select a good mentor, be a good mentee, change mentors with minimal conflict and become a strong mentor to others.
Evening on Your Own	

SATURDAY, February 2, 2019

TIME	WORKSHOP SESSION
7:30 - 8:00 AM	Breakfast
8:00 – 9:30 AM	Individual Career Development Presentations <i>Cherie Butts, PhD and Genevieve Neal-Perry, MD, PhD</i> Participants will report out and receive faculty feedback on their short-term and long-term goals.
9:30 – 10:45 AM	Self-Awareness Part II: The Key to Success in Life <i>Krista Kirk, SPHR, SHRM-SCP</i> Part two of the in-depth training using your personal DiSC style. Learn new strategies to building effective relationships.
10:45 – 11:00 AM	Networking Break
11:00 AM – 12:00 PM	Grantsmanship Overview <i>Stephen Hammes, MD, PhD</i> Learn key elements in crafting a strong proposal, review a sample proposal that was funded, and discuss strategies for revising and re-submitting non-funded proposals. Learn to establish independence from your PI and how to initiate discussion with your PI about what projects you can take with you.
12:00 - 1:00 PM	Networking Lunch and Group Activity
1:00 – 2:00 PM (Choose One)	Grant Writing Workshop (Breakout Sessions) <i>Stephen Hammes, MD, PhD and Genevieve Neal-Perry, MD, PhD</i> Dive deeper into grant awards, examine what study sections look for in applications, and practice developing strong specific aims for your grant application.
2:00 – 2:45 PM (Choose One)	Writing Science <i>Yvette Huet, PhD</i> Discuss the dos and don't of writing your research for publications Lab Management (help grad students negotiate lab culture) <i>Glenn Rowe, PhD</i> Discuss tips and pitfalls on setting up a lab, core facility access, financial reporting, release time from clinical/teaching duties, recruitment, and time management. This session will cover tips on sharing information and protecting intellectual property.
2:45 – 3:00 PM	Networking Break
3:00 – 3:45 PM	Diversity in Science: Challenges and Opportunities <i>Sherri-Ann Burnett-Bowie, MD, MPH</i> Gain advice on practices to maximize diversity and inclusion and to tackle issues such as implicit bias and stereotype threats.
3:45 – 4:30 PM	Work Life and Resilience <i>TBD</i> Learn practical tips on how to juggle work and home-life responsibilities while making time for yourself.
4:30 PM	Wrap Up and Evaluations