

Future Leaders Advancing Research in Endocrinology (FLARE) Workshop

February 6–8, 2020

Tentative Location: Austin, TX

Specifically tailored to meet the unique challenges faced by senior graduate students, postdoctoral and clinical fellows, and junior faculty of underrepresented communities in science, The FLARE Workshop teaches the “business of research” and the leadership skills needed to establish successful research careers.

Thursday, February 6

4:30 – 5:00 PM

Registration

5:00 – 6:00 PM

Welcome and Dinner

6:00 – 6:30 PM

Finding Your Niche

Gain tips on how to define your own scientific “niche,” identify the right research opportunities, identify strategies for crafting outstanding research ideas, and how to choose the right faculty environment.

6:30 – 7:30 PM

Determining Where You Want to Go

Learn from a panel of speakers about career options in academia, administration, industry and government and what it takes to get your foot in the door.

7:30 – 8:30 PM

Finding Your Match! (Networking Activity)

Friday, February 7

7:30 - 8:00 AM

Breakfast

8:00 – 10:00 AM

Self- Awareness, Part 1: The Key to Success in Life

Discover your personality type and communication style using the Myers-Briggs Type Indicator. Identify strengths and stressors and how your style plays a role in teambuilding through interactive small group activities.

10:00 AM – 10:15 AM

Networking Break

10:15 AM – 11:15 AM

Communicating Your Science

Gain practical tips on communicating your science to different audiences.

11:15 AM – 12:00 PM

Individual Career Development Plans: A Strategy for Success

Learn the importance of and tips on developing a strong individual development plan (IDP) based on your individual goals and career level. IDPs provide a structured career development tool that can be used to help identify and monitor short and long-term goals.

12:00 – 1:00 PM

Networking Lunch and Group Activity

1:00 – 1:45 PM

Concurrent Breakout Sessions

Transitioning from PhD to Post-Doc

Gain tips to make the transition after graduation as smooth as possible.

Optimizing the Transition from Fellowship to Faculty: Secrets from the Other Side

Gain tips to make the transition to a faculty position as smooth as possible.

1:45 – 2:30 PM

Concurrent Breakout Sessions

Job Search: From CV Development to Negotiating the Deal

Learn how to build an effective resume/CV and tips on acing an interview for postdoctoral or research fellowship positions. Learn how to negotiate in interviews for faculty positions around items such as salary, benefits, lab space, equipment, staff, contract details, and teaching vs. research requirements. Discuss tips on how to deal with the two-body problem.

Starting up as a New PI

Gain advice on how to maximize your first years as an independent investigator. Understand the similar and unique challenges of the first few years as a PI at several types of institutions. Identify strategies to optimize research productivity, personnel management, and funding as a new PI.

2:30 – 2:45 PM

Networking Break

2:45 – 3:45 PM

Diversity in Science: Improving Equity, Conquering Bias

Gain advice and specific strategies on how to address implicit bias and stereotype threats. Consider and practice ways to overcome imposter syndrome.

3:45 – 5:15 PM

Resiliency and Wellness

Group activities to help promote wellness practices and develop strategies to counter potential burnout.

Saturday, February 2, 2019

7:30 - 8:00 AM

Breakfast

8:00 – 9:00 AM

Individual Career Development Presentations, Pt. 1

Participants will report out and receive faculty feedback on their short-term and long-term goals.

9:00 – 9:15 AM

Networking Break

9:15 – 10:15 AM

Individual Career Development Presentations, Pt. 2

Participants will report out and receive faculty feedback on their short-term and long-term goals

10:15 – 11:15 AM

Grantsmanship Overview

Learn key elements in crafting a strong proposal, review a sample proposal that was funded, and discuss strategies for revising and re-submitting non-funded proposals. Learn to establish independence from your PI and how to initiate discussion with your PI about what projects you can take with you.

11:15 – 12:15

Small Break Out Groups: Specific Aims Review

Receive personalized feedback on your grant proposal specific aims pages. Participants will be required to submit a one-page specific aim by early January 2020.

12:15 – 1:15 PM

Networking Lunch

1:15 – 2:00 PM

Collaborative Team Building to Promote Science

2:00 – 3:00 PM

Writing Science

Discuss the dos and don't of writing your research for publications.

3:00 – 3:15 PM

Networking Break

3:15 – 4:00 PM

Mentorship: When, Where, and What's Next

Learn from an expert panel on how to select a good mentor, be a good mentee, change mentors with minimal conflict and become a strong mentor to others.

4:00 – 4:30 PM

Staying Connected, Wrap Up, and Evaluation